

FOR YOUR INFORMATION

LOS ANGELES UNIFIED SCHOOL DISTRICT
Office of the Deputy Superintendent, Instruction

DISTRIBUTION: All Schools and Offices

SUBJECT: BULLETIN NO. H-4
USE OF MINI TRAMPOLINES
BY SPECIAL EDUCATION PERSONNEL

DATE: November 14, 2000

OFFICE: Special Education

APPROVED: DONNALYN JAQUE-ANTÓN, Associate Superintendent

ROUTING

Local District School
Support Directors
Administrators
Adapted Physical
Education Teachers
Physical Therapists
Occupational Therapists
School Staff

For further information, please call Janice Milgrim, Administrative Coordinator, Related Services, Division of Special Education, at (213) 241-3325.

This bulletin replaces Bulletin No. M-19, Use of Trampolines and Mini Trampolines Prohibited, issued by the Office of the Deputy Superintendent, Instruction and Curriculum dated 11-26-97. The content has been updated to reflect the limited use of mini trampolines for the provision of adapted physical education, occupational therapy, and physical therapy.

I. BACKGROUND

Since 1977, the use of trampolines and mini trampolines has been prohibited in all activities due to the high risk of injury to students. This bulletin provides a limited exemption so that mini trampolines may be used in the Adapted Physical Education (APE), Occupational Therapy (OT), and Physical Therapy (PT) programs under the direct supervision of qualified personnel.

II. PROCEDURES

Staff members from the Adapted Physical Education, Occupational Therapy and Physical Therapy Programs may use low rebound, mini jogging trampolines or joggers as a therapeutic tool to teach balance, coordination, and proprioceptive input to students with identified motor and sensory deficits.

These mini joggers may only be used by adapted physical education teachers, school physical therapists or school occupational therapists, and only under the following conditions:

- A. When the mini jogger is in use, there shall be one to one supervision at all times;
- B. All springs shall be covered with a safety pad to protect against sharp edges and pinch points;
- C. Prior to use, the mini jogger shall be inspected for damage or missing parts;
- D. The mini jogger shall be stored in a locked closet when not in use.

III. RESPONSIBILITY OF ADMINISTRATORS

It is the responsibility of the site administrator to ensure that mini trampolines are used only under the above conditions and are not used under any other conditions. The site administrator shall ensure all new and returning staff members are aware of this policy and adhere to it.

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